

WHAT IS A CAREERS GUIDANCE INTERVIEW?

A careers guidance interview is an impartial one to one meeting between yourself and the Careers Adviser. It is not like a job interview, so you can't get anything wrong! It is all about YOU and your FUTURE.

The aim of the guidance interview is to help you think about your future career choices based on your interests, skills and qualifications. It will help you make decisions about what pathway to take after school. Do you need to go to college, gain an apprenticeship or go to university? It will also give you information about your chosen careers and where you can find out more.



HOW LONG WILL IT LAST?

The interview can last between 30 - 45 minutes.

It will take place in a quiet, confidential space - so you won't get interrupted.

The Adviser will make notes and afterwards write you an Action Plan



QUESTIONS

The Careers Adviser will need to ask you lots of questions, so that they can get a clear picture of the best way they can help you. They may question your answers, challenge your ideas, but this is to help you improve your career planning skills. The Careers Adviser can help you whatever stage you are at with your planning, so no need to worry if you don't know what you want to do.





WHAT QUESTIONS MIGHT I BE ASKED?

Do you have any interests outside of school?

What subjects are you studying?

What are your predicted grades?

Have you done any work experience?

Have you got any career ideas?

Have you researched any careers?

WHAT QUESTIONS COULD I ASK?

What are my options when I leave school?

What is an apprenticeship or a traineeship?

What can I study at College?

How can I develop my employability skills?

Where can I find work experience?

How can I research different careers?



HOW CAN I GET THE MOST FROM MY CAREERS GUIDANCE INTERVIEW?

BEFORE

Think about what you would like to gain from the interview

Prepare lots of questions

Arrive on time

Be truthful with the Careers Adviser

AFTER

You and your Careers Adviser will agree on action points to help you move forward