

SUPPORT FOR YOUNG OR EXPECTANT PARENTS

Young Parent Advisers provide support and advice to young or expectant parents aged 16-19 (up to 25 if you have additional support needs).

ARE YOU A YOUNG PARENT OR EXPECTING A BABY? WE OFFER A FREE SPECIALIST SERVICE JUST FOR YOU!

Becoming a parent doesn't mean you have to give up on your career dreams – we are here to help at every step of the way!

WE OFFER

- Careers advice and guidance
- Help finding education, training, apprenticeships
- Advice on choosing childcare and applying for funding to cover childcare costs
- Support, advice and information relating to benefits, finances, housing and support services in Birmingham, including mental health and wellbeing.
- The chance to take part in young parents and baby groups across the city
- Support to link up with other young parents locally

BENEFITS AND ADDITIONAL SUPPORT:

We can help you apply for benefits and support you may be entitled to, including:

- Universal credit
- PIP
- Surestart Maternity Grant
- Maternity benefits if you are in work
- Healthy Start vouchers
- Get help paying for childcare while studying with the Care to Learn grant
- Registering your child's birth
- Cost of living support



**OUR AIM IS TO
HELP REMOVE ANY
BARRIERS IN YOUR
WAY SO YOU CAN
ACHIEVE WHATEVER
YOU WANT TO!**

GET IN TOUCH

www.birminghamcareersservice.co.uk/contact



**BIRMINGHAM
CAREERS SERVICE**
guiding young people